

Emergency Focus Course

Program



27, 28 & 29 December 2019
Karachi, Pakistan

Core Faculty

Dr Rizwan Qureshi FACEM
Dr Hajira Usmani FRCEM
Instructor
Dr Faryal Waqar FACEM
Dr Immad Qureshi FRCEM
Dr Munawar Farooq FACEM
Dr Obaid Ullah Zafar FRCEM
Dr Syed Fasiullah FRACP
Dr Nasir Ali FRCEM
Dr Sharif El Gafi FACEM

Pakistan Faculty

Dr Mohammad Akbar FCPS EM
Dr Kahkashan Tahir MBBS ACLS

Dr Shahid Waheed FCPS EM
Dr Sadaf Shaikh MBBS



*Emergency Focus Course is accredited for
25 ACEM CPD hours*

Emergency Focus Course

TRAUMA DAY – Friday 27th December 2019

0800- 0830	Tea + Registration & Identity Badges	All participants and faculty
0830 - 0900	Introduction & Course plan	Dr. Rizwan Qureshi + All faculty
0900 - 0930	Faculty demo trauma simulation + Debrief	All faculty
0930 - 0940	Head and Cervical Spine Injuries	Dr. Hajira Usmani + Rizwan Qureshi
0940 - 0950	Shock & MTP	Dr. Rizwan Qureshi + Dr Shahid Waheed
0950 - 1000	Chest /Abdomen & Pelvic Injuries	Dr. Faryal Waqar + Dr Obaid Ullah Zafar
1000 - 1010	Pregnant & Elderly Trauma	Dr. Immad Qureshi + Dr Nasir Ali
1010 - 1020	Paediatric Trauma	Dr. Munawar Farooq + Dr Akbar
1020 - 1030	eFAST	Dr. Sharif El Gafi + Dr Sadaf Shaikh
1030 - 1050	Tea Break	All faculty & participants
1050-1100	Organise participants for skill stations	Course manager
1100-1300	Skill Stations	4 x Skill Stations
1100-1300	Airway management	Dr. Rizwan + Dr Immad
1100-1300	Shock & MTP	Dr. Hajra + Dr Obaid
1100-1300	eFAST	Dr. Faryal + Dr. Sharif El Gafi
1100-1300	Trauma Radiology (Projector required)	Dr. Munawar + Dr Shahid Waheed
1300 - 1400	Jumma Prayers & Lunch	All faculty & participants
1400 - 1540	Simulation Scenarios	14 x Simulation Stations
1540-1600	Tea Break	All faculty & participants
1600 – 1610	Hand Injuries + limb threatening fractures	Dr. Rizwan Qureshi + Dr Immad Qureshi
1610 -1620	Eye and ENT Emergencies	Dr Munawar + Dr Shahid Waheed
1620-1630	Traumatic cardiac arrest – Breaking bad news	Dr Hajra Usmani + Dr Faryal Waqar
1630-1640	Paediatric NAI / Domestic abuse	Dr Sadaf Shaikh + Dr Obaid Ullah Zafar

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Cardiac & Medical Emergencies Day - Saturday 28th December 2019, Saturday

0800-0830	Faculty Cardiac Arrest Simulation	All faculty
0830 -0840	ACLS Pathway - Key Points & Updates	Dr. Rizwan Qureshi
0840-0850	Respiratory Emergencies (CCF/Types Resp. failure /NIV)	Dr. Munawar Farooq + Dr Immad Qureshi
0850-0900	Metabolic Emergencies (DKA/HHNS/Renal Failure)	Dr. Hajira Usmani + Dr Sharif El Gafi
0900-0910	Septic Shock	Dr. Obaid Ullah Zafar + Dr Shahid Waheed
0910-1000	RUSH Protocol	Dr. Sharif El Gafi
1000-1010	Ischaemia & Arrhythmia Patterns	Dr. Faryal Waqar + Dr Nasir Ali
1010-1020	CVA & Neurologic Emergencies	Dr Sadaf Shaikh + Dr Rizwan Qureshi
1020-1040	Tea Break	All faculty & participants
1040-1100	Organise participants for skill stations	Course Manager
1100-1300	Skill Stations	4x Skill stations
1100-1300	ECG workshop	Dr. Munawar Farooq + Dr Hajra Usmani
1100-1300	BLS & Pacing + Defibrillation	Dr. Immad + Dr. Akbar + Dr. Kahkashan + Mr Immad Rajput
1100-1300	RUSH Protocol	Dr. Faryal + Dr. Sharif El Gafi
1100-1300	Basic blood gas interpretation	Dr. Nasir Ali + Dr Shahid Waheed + Dr Rizwan Qureshi
1300-1400	Lunch	All faculty & participants
1400 - 1540	Simulation Scenarios	16 x Simulations Stations
1540-1600	Tea Break	All faculty + participants
1600-1610	End of life care discussion	Dr Rizwan + Dr Immad Qureshi
1610-1620	PE in pregnancy investigation and management of stable vs unstable PE	Dr Sharif El Gafi
1620-1630	Thrombolysis (AMI & CVA) indication and contraindications	Dr Shahid Waheed

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Paediatric Emergencies & Communication Skills Day - Sunday 28 December 2019

0800 - 0830	Faculty Demonstration Paediatric Arrest Simulation	All faculty
0830 - 0840	Recognition of a Sick Child	Dr. Hajra Usmani + Dr Sadaf Shaikh
0840 - 0850	APLS Pathway Key Points	Dr. Shahan Waheed + Dr Rizwan Qureshi
0850 - 0900	Paediatric Rashes	Dr Munawar
0900 - 0910	Paediatric Status Asthmaticus & Epilepticus	Dr. Obaid Ullah Zafar + Dr Nasir Ali
0910-0920	Paediatric dehydration assessment	Dr Sharif El Gafi + Dr Faryal Waqar
0920 - 0930	De-escalating Aggressive Patient/Relative	Dr. Immad Qureshi + Dr. Rizwan Qureshi
0930 - 0940	Breaking Bad News	Dr. Faryal + Dr. Shahid Waheed
0940 - 0950	End of Life Discussion	Dr. Hajira Usmani + Dr Sadaf Shaikh
0950-1000	Taking a consent for procedural sedation	Dr Obaid Ullah Zafar + Munawar Farooq
1000- 1020	Tea Break	All faculty & participants
1035 - 1230	Skill Stations	4 x Skill Stations
1030 - 1230	APLS Protocol	Dr. Fasiullah + Dr. Rizwan
1030 - 1230	Paediatric Airway	Dr. Nadia + Dr. Kahkashan
1030 - 1230	Status Asthma & Epilepticus	Dr. Usman + Dr. Alamgir
1030 - 1230	Breaking Bad News	Dr. Immad + Dr. Faryal
1230 - 1330	Lunch	All faculty & participants
1330 - 1500	Simulation Scenarios	8 x Simulations Stations
1500 - 1530	Tea Break	All faculty & participants
1500-1530	Course Concludes and Certificates	All faculty & participants